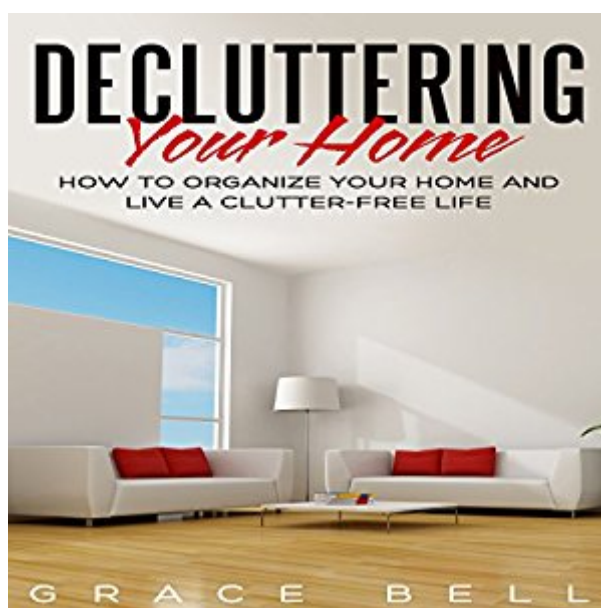




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Decluttering Your Home: How To Organize Your Home And Live A Clutter-Free Life



Synopsis

Do the piles of shoes, books, DVDs, unopened gifts, and excess items in your home overwhelm you? Does it stress you out every time you think about the clutter in your closets and junk drawers? We all have the instincts to accumulate things. However, accumulating too much stuff can cause stress and health issues, making us less productive. This book will show you the types of clutter we experience routinely and the benefits of a decluttering mindset.

Book Information

Audible Audio Edition

Listening Length: 49 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Insight Health Communications

Audible.com Release Date: July 17, 2017

Language: English

ASIN: B073X3B8NY

Best Sellers Rank: #71 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Crafts & Hobbies #894 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Decorating #1087 in Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Cleaning, Caretaking & Relocating

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